

Dear Artists. 13th May 2021

Just a quick update from Thursday. We are very pleased to announce a new workshop by artist Beth Hopkins:

'Making a Small Booklet' – a Zine!

Beth explains:

Who inspires you? Superheroes, key workers, your family?

Join us at 2pm on Monday 7th June for an online workshop celebrating our heroes, inspired in part by Barry's wonderful drawings. We will be making zines by folding, drawing and collaging. We'll also explore what a zine is, and how they can tell stories and ideas.

Please bring along pens, coloured pencils and A4 paper (coloured is great but plain is also fine). You'll also need old magazines or newspapers, pritt stick and scissors.

The workshop will be on Zoom. Please let us know you are interested in joining the workshop. We'll send the log on details nearer the time.



Out thanks to Barry whose work has helped inspire this workshop.



Molly's new embroidery.

Mental Health Awareness week.

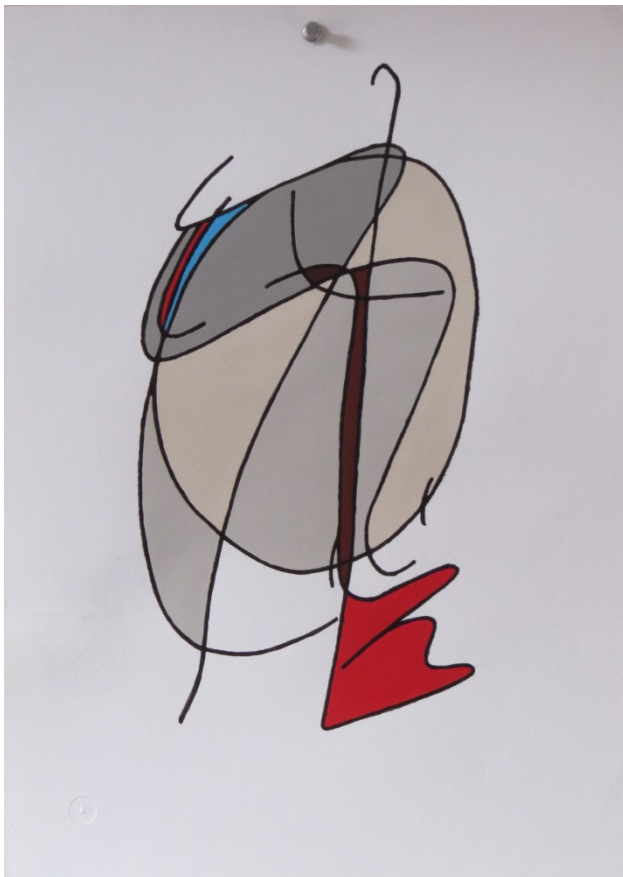
It is Mental Health Awareness week. The theme for this year is 'Nature and Mental Health' and celebrates the benefits nature has on our mental wellbeing and encourages us to take time to connect – whether on a walk or from a window – and hear and notice its beauty and how it makes us feel. There is more information at:

<https://www.mentalhealth.org.uk/campaigns/mental-health-awareness-week>



I keep forgetting to send a picture of my Sashiko stitched cushion cover I made. So here it is. See you in a couple of weeks. Sarah.

Thanks Sarah. Lovely work and appreciate the introduction to 'Sashiko'.



Automatic drawing #03: 2020 a two-fold process of unconscious and conscious (painting) activity.

Amazing work Garry. Thank you for sharing.

All of Garry's images and other works can be found on the Art Matters Instagram account.



*Who knows what goes through some people's minds.
These are times when they don't let anyone in.
Muti.
Don't try to voice those silences.
Respect it.
And he will whisper thank you.*

Thank you Raj for your words and the image.

Art Matters Business Plan.

Please find attached the draft Art Matters Business Plan. Let us know what you think. If you would like to meet on Zoom to discuss the plan let us know.



Deanna has started a new cross-stich embroidery.

Do you have a message for an Art Matters friend? Send it to us and we'll put it in the newsletter. Likewise, a thought for the day, a poem, an idea or a picture you'd like to share.



Snail with Flowers. New clay work from Philippa.

Thank you everyone for sending in your work. It's an amazing collection. Art Matters feels very proud.

Richmond Fellowship: Working Together Forum.

'Revive, Reload, Refresh'

There are only TWO WEEKS to go before the National Working Together Forum on Thursday 20 May via Zoom from 10am – 4pm.

What's on?

- Exciting, co-produced workshops including Attitude of Gratitude, Mindfulness and Wellbeing, Exploring My Talents
- 'Tomorrow's World' – A interactive workshop between the people we support and staff on the future of care post-lockdown
- Recovery Stories
- An update from the Working Together Committee and the Working Together Leads
- [Click here to book your place today!](#)

How can you help promote the Working Together Forum?

- Forward the booking link and what's on section to the people you support
- Bring up the Working Together Forum in your team meetings
- Add the event to your calendar
- Feedback on how we can help the people you support to access the Working Together Forum.
- Display the attached poster in your service

If you have any questions or feedback please contact pqiservicedesk@richmondfellowship.org.uk or call Pamela Waterhouse on 07741 835592



Here's my latest. Best wishes. Nigel.

Nigel's new meditative painting.

Art Matters Business Plan.

The staff team had a business plan review meeting on Wednesday. It's not easy to think too far ahead but it was a very positive meeting. Your views and opinions are important to the plan and we'll arrange to meet on Zoom in the coming weeks, probably a Monday. Please let us know if you are interested in joining.



Saying it with flowers - new clay work from Philippa.

Please continue to listen to Government advice and stay safe and stay in touch. Look after yourselves and each other.



'Lockdown Friends'

Great image Barry!

Contacting Art Matters: artmatters@richmondfellowship.org.uk - all staff access these e-mails. You can also call the studio number on 01737 766212 and if we are unable to pick up leave a message and one of us will get back to you as soon as we can.

Staff mobile numbers:

David: 07741 817654 – 9:30 – 4:00. Tuesday to Friday.

Natasha: 07786 191114 – 9:30 – 4:00. Wednesday to Friday.

Rita: 07741 817651 – Tuesday – Thursday.

Mark: 077886 191154 – 9:30 – 4:00. Monday – Friday.

We'll see you soon.

The Art Matters team.

Mark Cremmen

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